

We claim:

1. An apparatus for bathing a body part, said apparatus comprising:
 - a basin;
 - a plurality of basin openings formed in said basin, said basin openings including at least one inflow opening and at least one outflow opening;
 - a flow tube, substantially exterior to the basin, connecting the inflow opening to the outflow opening; and
 - a heating element located substantially within the flow tube.
2. The apparatus of claim 1, wherein the heating element maintains a volume of water within the basin at a temperature of at least about one hundred degrees Fahrenheit.
3. The apparatus of claim 1, further comprising an impeller positioned at least partially within the flow tube whereby the impeller impels water through the flow tube.
4. The apparatus of claim 1, further comprising an impeller positioned at one of the basin openings, whereby the impeller impels water through the flow tube.
5. The apparatus of claim 4, further comprising an air inlet connected to the impeller whereby the impeller impels air and water through the flow tube.

6. The apparatus of claim 5, wherein an air inlet opening in the air inlet is adjustable, thereby making adjustable the amount of air impelled through the flow tube.
7. The apparatus of claim 4, wherein a speed of the impeller is adjustable.
8. The apparatus of claim 1, further comprising at least one position-adjustable nozzle in at least one of the inflow openings, said nozzle having a narrow, nozzle opening relative to the flow tube.
9. The apparatus of claim 1, further comprising at least one nozzle joined to the basin in at least one of the inflow openings, wherein the nozzle is joined to the basin with a ball-and-socket joint, thereby allowing a direction of the nozzle to be adjusted.
10. The apparatus of claim 9 wherein the direction of the nozzle is adjusted electronically.
11. The apparatus of claim 1 further comprising a plurality of nozzles and a plurality of impellers, wherein each nozzle of the plurality of nozzles is connected to a separate impeller from the plurality of impellers.
12. The apparatus of claim 1, further comprising a volume of water in the basin and the flow tube, wherein a temperature of the volume of water is adjustable.

13. A method for heating water in a basin for bathing a body part, the basin including a plurality of basin openings formed in said basin, including at least one inflow opening and at least one outflow opening, and a flow tube, substantially exterior to the basin, connecting the inflow opening to the outflow opening, said method comprising the steps of:

pouring water into the basin, which at least partially fills the flow tube with water;
heating a heating element in the flow tube, which heats the water in the flow tube and the water in the basin that is in communication with the water in the flow tube; and
directing flow of the heated water via at least one adjustable nozzle.

14. The method of claim 13, wherein the step of heating the heating element further comprises heating the water to a temperature in excess of 100 degrees Fahrenheit.

15. The method of claim 13, wherein the step of heating the heating element further comprises heating the heating element to a temperature in excess of 100 degrees Fahrenheit.

16. The method of claim 13, further comprising the step of impelling water through the flow tube with an impeller.

17. The method of claim 13, further comprising the step of impelling air and water through the flow tube with an impeller.

18. The method of claim 17, further comprising the step of adjusting an amount of air impelled through the flow tube.

19. The method of claim 17, further comprising the step of adjusting a speed of the impeller.

20. The method of claim 17, further comprising the step of adjusting a position of a nozzle directing the flow of impelled air and water.

21. A system for heating water to relax muscles, the system comprising:

means for storing water for bathing a body part;

means for circulating water; and

means for heating water.

22 The system of claim 21 wherein the means for circulating, further comprises a means for circulating air and a means for circulating water.